



# Senior Resource ASSOCIATION

## Enjoy Social Dining with a Hot Lunch, Mon-Fri

Senior Resource Association (SRA) is an advocate for promoting independence for seniors in Indian River County (IRC). That's why SRA provides mobile seniors with a welcoming place to socialize, experience fellowship and enjoy a hot, delicious lunch Monday through Friday.

SRA offers social dining at four congregate meal sites in IRC. The hot, nutritious meals provide one-third of the dietary needs, as recommended by the Dietary Guidelines for Americans set forth by The U.S.

Departments of Agriculture and Health and Human Services.

Friendly SRA staff are ready to welcome you with a smile. Come join us!



## Congregate Meal Sites

### ***By the River***

11060 Ganga Way, Sebastian

### ***The Department of Health***

8445 64th Avenue, Wabasso

### ***Gifford Community Center***

4855 43rd Avenue, Vero Beach

### ***St. Francis Manor***

1750 20th Avenue, Vero Beach

### **SOCIAL DINING ELIGIBILITY CRITERIA**

- 60 years of age or older
- Priority for older individuals with economic, social, mobility, and/or transportation needs
- Persons with a disability, regardless of age, who reside in a housing facility occupied primarily by older individuals where congregate nutrition services are provided.
- Disabled persons who reside at home with, and accompany an eligible person to the dining center



**Advanced registration is required:**

Please call 772.569.0760

[www.SeniorResourceAssociation.org](http://www.SeniorResourceAssociation.org)

