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Immediate Release



## FLORIDA HEALTH IN INDIAN RIVER COUNTY CELEBRATES THE 7<sup>TH</sup> ANNUAL MAN-UP EVENT

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**Indian River County** – Men and boys are invited to attend the “Man-up” Event being held on Friday, June 23<sup>rd</sup> and Saturday, June 24<sup>th</sup> at the Gifford Youth Achievement Center, 4875 43<sup>rd</sup> Avenue, Vero Beach, 32967. Friday’s event will have basketball games of 3-on-3 teams for men and teenage boys from 6:00 – 8:00pm and features NBA 13 year veteran, Steve Mix. Saturday’s event from 10:00am to 2:00pm will feature the Lifted in Faith Strength Team as well as free health screenings, testing and other services.

“We are proud to bring this important event to our community. Man-up gives men and boys the opportunity to learn how to take care of themselves as well as each other”, said John May, HIV Outreach Coordinator for Florida Department of Health in Indian River County.

This free uplifting event discusses issues that every man faces and is sponsored by the Florida Department of Health in Indian River County.

Free services offered include:

- HIV/STD testing
- Prostate screenings and cholesterol testing provided by Indian River Medical Center
- Blood pressure and blood sugar monitoring (fasting is required for blood sugar monitoring)
- Sponsors are providing a free lunch to participants
- Informational stations and vendors
- Music and more

For more information, please contact John May at 772-473-5268 or 772-794-7477.

### **About the Florida Department of Health**

The department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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